
NEWSLETTER

Want to Coach at TCA?

"Be somebody who makes everybody feel like a somebody"-unknown

The coaching staff at TCA is top notch and we are always looking for new faces to add to our very knowledgeable staff.

If you would like to coach contact Nicole Kasprak at nkasprak@lasallescatholic.org to show your interest for the upcoming school year. Even if the positions are filled we will find a place for you.

I look forward to hearing from those interested and working together to build fundamentally sound student-athletes, but more importantly well-rounded confident members of our community. Reminder we also Co-op some of our sports and will be sharing coaching assignments with our Co-ops. This will be the last year for our Co-op in all girls athletics.



Welcome to 2017-18 school year

Hi, I am Nicole Kasprak and I have been teaching Physical Education since 2006 and coaching for 18 years. I was excited to join the staff at Trinity Catholic Academy as their Physical Education Teacher and Athletic Director in 2016. I have been coaching at Trinity since 2014.

A little about me...

I attended Western Illinois University with a soccer scholarship and graduated with a degree in Kinesiology. I hold a teaching certificate in Physical Education and Health grades K-12 for 11 years now. I have taught for 7 years K-12th grade PE and High School Health before choosing to stay at home with my kids until I returned to teaching in 2016. I have also coached 4th grade all the way to collegiate athletes from AAU, public schools and catholic schools.

On a personal note...

I am married to a wonderful man, from the area, and we have a very rambunctious 5 year old boy and 3 year old girl. I love being outdoors. I am a Bears and Cubs fan, but love Chicago sports!!! I am also very passionate about what I teach and know I am exactly where I am supposed to be.

"A word of encouragement during a failure is worth more than an hour of praise after a success."-unknown
